



We were so excited to hear the Governor's decision to allow fitness centers to open and are 100% in support of his recommendations to ensure impeccable cleanliness, social distancing and the protection of those who are most vulnerable in our community. We are also deeply grateful for his recognition that exercise is critical to health and well-being. We are excited to share what this means for your dancer!

## What are our safety protocols?

### **Employees**

Any employee that feels ill will be asked to stay home. When employees come to work, they will take their temperature and wash their hands upon arrival. Teachers that have a fever will be sent home.

Employees will always practice social distancing while at the studio. Following each class, teachers will sanitize their room by wiping down door handles, the ballet barres, etc.

Teachers will then wash their hands and then open the door for the next class to enter.

Employees who have traveled outside the US or traveled anywhere via airlines will be required to stay home for the suggested **14-day quarantine period**.

Our office staff will regularly sanitize main door handles and restrooms throughout the day.

Our entire studio will also be thoroughly cleaned on a nightly basis.



## **Employee Checklist:**

- Take your temperature before teaching for the day
- Wash your hands before and after every class
- Sanitize before and after every class
- Dancers will wait outside the studio 6' apart or in their cars
- Dancers will keep masks on until the lobby is opened for each class. For our younger dancers, parents will need to wait with their dancer until they have entered the studio.

We know you have missed your friends and you may already have some friends in your "circle" but there is NO touching or hugging allowed while at the dance studio.

Upon entering, dancers will sanitize their hands, remove outside shoes, and head directly to their spot in class. Dancers will also be subject to temperature checks.

Parents will not be allowed to enter the studio with their dancer so make sure they have everything they need before they enter.

Our studio is open, but our lobby is closed.

Dancers should bring their own water bottle as our water fountains will be closed. Any water bottles left at the end of the night will be thrown away so be careful to not leave anything behind when you leave.

If you are worried about leaving your water bottle behind, we suggest bringing a disposable water bottle.

There will be NO FOOD DELIVERIES for dancers during this time.

Dancers will have spots in the studio separated by lines to give our dancers the space required by the Virginia Department of Health. These spots are where dancers will keep their belongings and dance, so be sure to not bring more than you need. Dancers should bring a small bag with their shoes and water. For example, if you only have ballet, then only bring your ballet shoes. All dance shoes should be disinfected at home prior to coming to class each day.



Any shoes left that do not have a name on them will be thrown out. Shoes labeled with a name will be held for 24 hours.

Dancers will maintain social distancing requirements while dancing and during exit.

Dancers will be sent out one at a time to their parents who will be waiting outside. Please pick up your dancer promptly so that we can prepare for the next class. If a dancer has back to back classes, they will sanitize their hands and move to their next class.

If dancers have a break, they must exit outside with their class to a parent and return later for the next class. The studio is open, but the lobby is closed.

#### **Dancer Checklist:**

- Use the bathroom before heading to the studio (limited access to bathrooms)
- Wait outside on tape until lobby is opened
- Carry sanitized dance shoes and bring a water bottle
- Apply hand sanitizer (we will provide stations) upon entering the building and head straight to your class spot.
- DANCE and have fun!
- Be sure to leave nothing behind when leaving the studio

#### **Parents, Siblings, Etc.**

Our lobbies will remain closed for now to adhere to the limited capacity allowed and to mitigate the number of germs introduced into our facility. Dancers will need to be picked up on time and dancers need to be picked up for all breaks they may have.

#### **Parent Checklist:**

- Remain outside the building - no entering at any time
- Continue to call or email with any questions/concerns
- Pick up your dancer at the appropriate time and building exit location

What about masks and other safety items?

Dancers and people exercising are not recommended to wear a mask but may do so if you feel more comfortable. Instructors and dancers will be required to wear a mask in the hallways.



### What if my dancer isn't ready?

If for any reason you are not comfortable, please keep your child home and continue doing class via Zoom. We feel very fortunate that we can offer both options to meet the needs of all of our dance families with our new tech enabled studio!

### **The following families should keep their dancer home from class:**

- Anyone uncomfortable with sending their child to the studio for any reason at this time.
- Any family with multiple dancers enrolled who finds Zoom more convenient for scheduling.
- Anyone with a dancer or family member that feels ill.
- Anyone living with an immunocompromised family member.
- Anyone living or interacting with elderly people on a regular basis.
- If your dancer or anyone in the household has traveled outside of the country OR traveled via airplane, please take classes via zoom for the required **14-day quarantine period**.

Parents, please take the time to go over all of these rules with your dancer so we can maintain a place where everyone feels safe. We want to keep our dancers, instructors, and administrative staff safe; therefore, we ask everyone to help us follow the rules and regulations that are in place.

We cannot wait to see everyone again and we are looking forward to safely continuing to dance. Please note things can change and we will adjust and update everyone as necessary.

An inherent risk of exposure to Covid-19 exists in any public place where people are present, but we will do our best to closely follow safety guidelines and make a safe home for your dancer.

We are looking forward to seeing your dancer again!