

STUDIO POLICIES & GENERAL INFORMATION:

THESE POLICIES ALLOW FOR THE DANCERS TO FOCUS ON THEIR TRAINING AND INSTRUCTION AND HELP MAINTAIN A COMFORTABLE AND PROFESSIONAL LEARNING ENVIRONMENT.

- **Bra tops/Bare midriffs are not permitted at AAD:** If wearing a two piece, please ensure that the top and bottom meet and the shirt does not rise up when dancing.
- **Hair must always be pulled back in a bun or ponytail,** unless otherwise requested by the dance instructor. This is for the dancers' safety and comfort in class.

BALLET

All Children's Ballet Classes, Ages 2-7:

- Preschool 2/3/4, Kindergarten Dance: Pink or black leotard (skirt/tutu optional)
- Pre-Ballet 6, Ballet 7: Black leotard (no skirts permitted)
- **Tights:** Pink or flesh-toned (e.g. browns) footed or transition tights (Capezio 1915X or 1916X)
- **Shoes:** Pink or flesh-toned (e.g. browns) leather or canvas ballet shoes (to match color of tights)
- **Hair:** Ballet bun

Pre-Professional and Recreational Ballet (Ages 8+):

- Black leotard (no skirts permitted)
- **Tights:** Classical Pink, mesh tights with seam (Capezio 9 or 9c) or flesh-toned (e.g. browns) footed/transition tights (1915 or 1916)
- **Shoes:** Pink or flesh-toned (e.g. browns) leather or canvas ballet shoes (to match color of tights)
- **Hair:** Ballet bun

or

Male Identifying Dancers for All Ballet Classes:

- White shirt/ black tights or leggings
- Black leather or canvas ballet shoes

CONTEMPORARY, JAZZ, ACRO, LYRICAL, BROADWAY, TAP, MODERN, IMPROV

All Levels (Ages 6+):

- Leotard or form fitting top (no bra tops or bare midriffs) [See studio policy above](#)
- Leggings, jazz pants, or dance shorts.
- Optional Tights: Tan or flesh-toned (e.g. browns) stirrup, footed, or transition tights - (Capezio LSN 1915 or 1916)
- Hair tied up and out of the face

FOOTWEAR:

- **ACRO:** No shoes - if wearing tights, they should be rolled up around ankles to have bare feet
- **JAZZ & BROADWAY DANCE:** Caramel slip on jazz shoes (Capezio EJ2)
- **CONTEMPORARY/LYRICAL:** Bare feet preferred, socks optional, with instructor permission
- **BEGINNER TAP:** Caramel Mary Jane Capezio tap shoes 3800C OR black lace-up tap shoes (male-identifying dancers)
- **BEGINNER/INTERMEDIATE TAP, INTERMEDIATE/ADVANCED & ADVANCED TAP:** Black lace-up tap shoes

HIP HOP

All Levels (Ages 5+):

- Loose fitting clothes that dancers can move in (no bra tops & no bare midriffs) [See studio policy above](#)
- Clean white tennis shoes, required for recital

ADULT CLASSES

Ballet:

- Form fitting attire
- Leather or canvas ballet shoes

Contemporary:

- Form fitting attire
- Bare feet or socks

Tap:

- Comfortable attire
- Black lace-up tap shoes

Hip Hop:

- Comfortable attire
- Clean White Sneakers, White are required for recitals

BALLET

All Childrens' Ballet Classes, Ages 2-7:

- Preschool 2/3/4, Kindergarten Dance: Pink or black leotard (skirt/tutu optional)
- Pre-Ballet 6, Ballet 7: Black leotard (no skirts permitted)
- **Tights:** Pink or flesh-toned (e.g. browns) footed or transition tights (Capezio 1915X or 1916X)
- **Shoes:** Pink or flesh-toned (e.g. browns) leather or canvas ballet shoes (to match color of tights)
- **Hair:** Ballet bun

Pre-Professional and Recreational Ballet (Ages 8+):

- Black leotard (no skirts permitted)
- **Tights:** Classical Pink, mesh tights with seam (Capezio 9 or 9c) or flesh-toned (e.g. browns) footed/transition tights (1915 or 1916)
- **Shoes:** Pink or flesh-toned (e.g. browns) leather or canvas ballet shoes **(to match color of tights)**
- **Hair:** Ballet bun

or

Male Identifying Dancers for All Ballet Classes:

- White shirt/ black tights or leggings
- Black leather or canvas ballet shoes

CONTEMPORARY, JAZZ, ACRO, LYRICAL, BROADWAY, MODERN, IMPROV

All Levels (Ages 5+):

- Leotard or form fitting top (bra tops not permitted)
- Leggings, jazz pants, or dance shorts.
- Optional Tights: Tan or flesh-toned (e.g. browns) stirrup, footed, or transition tights - (Capezio LSN 1915 or 1916)
- Hair tied up and out of the face

SHOES

- **ACRO:** No shoes - if wearing tights, they should be rolled up around ankles to have bare feet
- **JAZZ & BROADWAY DANCE:** Caramel slip on jazz shoes (Capezio EJ2)
- **CONTEMPORARY/LYRICAL:** Bare feet preferred, dance paws/socks optional
- **BEGINNER & BEGINNER/INTERMEDIATE TAP:** Caramel Mary-Jane Capezio Tap Shoes 3800C OR Black Lace-Up Tap Shoes (male-identifying dancers)
- **INTERMEDIATE/ADVANCED & ADVANCED TAP:** Black Lace Up Tap Shoes

HIP HOP

All Levels (Ages 5+):

- Loose fitting clothes that dancers can move in (bra tops not permitted)
- Clean white tennis shoes, required for recital

ADULT CLASSES

Ballet:

- Form fitting attire
- Leather or canvas ballet shoes

Contemporary:

- Form fitting attire
- Bare feet or socks

Tap:

- Comfortable attire
- Black lace-up tap shoes

Hip Hop:

- Comfortable attire
- Clean White Sneakers, White are required for recitals